

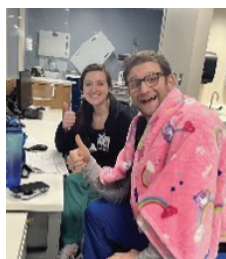
A Day in the Life as a Pediatric Critical Care Medicine Fellow

Hello! My name is Leon.
I am a PGY-6 pediatric critical care medicine fellow.

I attended the University of Cincinnati for medical school and Emory University for pediatrics residency training, where I was also a chief resident.

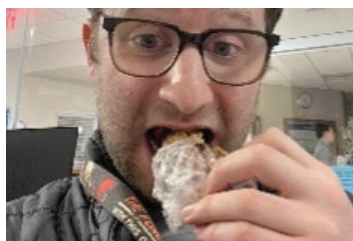


7:00 AM – The night fellow lets me know what happened overnight, describing changes in patients' care or statuses and letting me know about newly admitted patients.



11:00 AM – Rounds finish, and I help lead the team in a high-level review of the goals for each patient, making sure that everyone is on the same page regarding to-do items for the day. After that, the flurry of patient care continues.

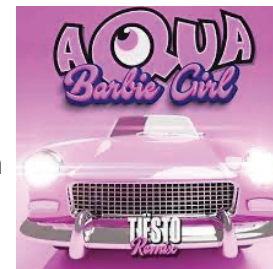
4:00 PM – Near the end of the day, I run the list with the attending, residents, and nurse practitioners to check on the progress patients have made and once again make sure everyone is on the same page before heading into night shift.



6:00 AM – Wake up, have coffee, brush teeth. Make a smiley face from berries and toast for my kid's breakfast. Head into work. My ritual is to stop by a drive-thru for a large coffee and two sausage McMuffins on the way in. Yum!

8:00 AM – During our family-centered rounds, the team comes together with patients and their families to discuss progress and plans for the day. Get coffee when rounds are done.

12:00 PM – A teenager with severe sepsis is admitted and needs to have an internal jugular vein catheter placed. She wants to listen to the dance remix of Barbie Girl by Tiesto during the procedure. I put the song on and finish the procedure. I have the song stuck in my head for the remainder of the shift. I love peds.



6:00 PM – Sometimes I hand over the patients to the night fellow. Other times I stay for a 24-hour shift until it's time to hand off the patients in the morning. Today I leave at around 7 pm and grab a cookie on the way out the door.